

BEBIDAS CALIENTES HOT DRINKS

Espresso 2.45€

Café con Leche 2.95€
Coffee with Milk

Cappuccino Italiano 4.55€
Italian Cappuccino

Latte Macchiato 5.35€

Cortado 2.55€
Espresso with Milk

Americano 2.90€

Nuestra Selección de Tés 4.80€
Our Selection of Teas

Bebida de Cacao 3.90€
Cocoa Drink

ZUMOS NATURALES NATURAL FRUIT JUICES

Naranja Natural M 4.50€ XL 7.50€
Freshly Squeezed Orange

Naranja y Zanahoria M 4.50€ XL 7.50€
Orange and Carrot

Zanahoria y Manzana M 4.50€ XL 7.50€
Carrot and Apple

Naranja, Zanahoria, Manzana y Jengibre 7.50€
Orange, Carrot, Apple and Ginger

Ginger Special (Acelga, Pera y Jengibre) 7.50€
Chard, Pear and Ginger

Red Detox (Remolacha, Piña, Manzana y Miel) 7.50€
Beetroot, Pineapple, Apple and Honey

Super Green (Pera, Plátano y Aguacate) 7.50€
Pear, Banana and Avocado

PANES ECOLÓGICOS ECOLOGICAL BREADS

De Espelta 100% Orgánica 3.50€
Spelt Bread 100% Organic

Moreno Integral 3.50€
Wholemeal Bread

Blanco Artesanal 3.50€
White Artisan Bread

Tosta de Espelta con Aguacate 6.60€
Spelt Bread Toast with Avocado

BOLLERÍA ARTESANA ARTISAN BAKERY

Croissant con Mantequilla y Mermelada 3.50€
Croissant with Butter and Jam

Croissant Ecológico Integral con Mantequilla y Mermelada 3.50€
Ecological Wholemeal Croissant with Butter and Jam

Croissant Mixto con Jamón York y Queso Gouda 4.80€
Croissant "Mixto" with York Ham and Gouda Cheese

Sándwich Tostado de Jamón y Queso 6.50€
Ham and Cheese Sandwich

Tortitas con Plátano, Yogur de Soja y Miel 9.70€
Pancakes with Banana, Soy Yoghurt and Honey

Tortitas con Nutella 9.70€
Pancakes with Nutella

CHARCUTERIE

Jamón York Natural o Queso Emmental 4.95€
York Ham or Emmental Cheese

Mixta de Jamón York Natural y Queso 5.50€
Mixed Plate of York Ham and Cheese

Jamón Serrano 6.50€
Serrano Ham

Salmón Ahumado 8.20€
Smoked Salmon

FRUTA, YOGUR Y CEREALES FRUITS, YOGHURT AND CEREALS

Muesli con Yogur Griego y Frutas 7.80€
Muesli with Greek Yoghurt and Fresh Fruit

Granola Orgánica con Yogur de Soja 8.95€
Organic Granola with Soy Yoghurt

Ensalada de Fruta Fresca 6.60€
Fresh Fruit Salad

Ensalada de Fruta Fresca con Yogur Griego 7.80€
Fresh Fruit Salad with Greek Yoghurt

Porridge de Avena con Fresas, Nueces y Miel 9.80€
Classic Porridge with Strawberries, Walnuts and Honey

THE FULL ENGLISH BREAKFAST 15.60€
Huevos Fritos, Bacon, Salchicha, Tomate, Champiñones y Alubias
Fried Eggs, Bacon, Sausage, Tomato, Mushrooms and Beans

HUEVOS ECOLÓGICOS ECOLOGICAL EGGS

Pasados por Agua con Tiras de Pan 6.50€
Dippy Eggs and Soldiers (Soft Boiled Eggs with Slices of Toast)

Revuelto Ecológico 9.10€
Bio Scrambled

Tortilla Francesa Bio 9.70€
Bio Classic Omelette

Tortilla Francesa Bio con Queso y/o Jamón 10.90€
Classic Omelette with Cheese and/or Ham

Tortilla de Tres Claras, con Queso Feta, Rúcula y Tomate Seco 11.90€
Omelette of Three Egg Whites, with Feta, Rocket and Sun-Dried Tomatoes

Huevo "Benedict" con Salmón Ahumado 11.50€
Egg Benedict with Smoked Salmon

Huevo "Benedict" con Jamón de York 9.70€
Egg Benedict with York Ham

Huevos Escalfados con Aguacate 12.40€
Poached Eggs with Avocado